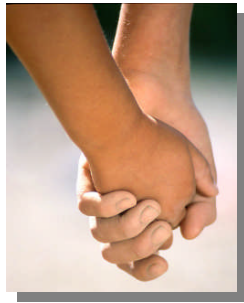


## The Mission of New Avenues to Independence



New Avenues to Independence provides opportunities for people with disabilities and special needs to become more independent and productive members of society by offering the highest quality support services and developing innovative and inclusive programs.

NEW AVENUES TO  
INDEPENDENCE, INC.

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# ADULTDAY PROGRAM

*A Nurturing  
Environment for  
Adults with  
Developmental  
Disabilities*

Providing services for  
individuals with  
disabilities since 1952.

NEW AVENUES TO  
INDEPENDENCE, INC.

# New Avenues' Adult Day Program is...

a comprehensive and coordinated program designed to provide services that are specialized to the needs of individuals with MR/DD.

The overall goals for the New Avenues Day Services Program are:

- *To assist each person to acquire, retain or improve his or her maximum level of development and functioning within a safe, comfortable and pleasant environment; and*
- *To provide each person with the instruction and encouragement needed to perform self-help, social, adaptive and pre-vocational skills as independently as possible.*

These goals form the basis for individual and group programming and offer direction to providing quality services for the program participants.

Defined program areas are designed to meet individual needs, honor personal choice and achieve program goals. They include an emphasis in the areas of life skills, sensory integration, and work activities and are complemented by the provision of leisure/recreational activities, motor development, aquatics, art and music therapies.

Options include various active and passive activities and programs in areas such as:

- Art
- Music
- Reading
- Computer skills
- Arts and crafts
- Games
- Wellness & fitness
- Cooking & baking
- Gardening
- Socialization & communication
- Community outings
- Parties & special events
- Outdoor activities
- Paid work activities & pre-vocational experience
- Volunteer & community service
- Educational & in-service presentations



Recognizing that the success of the Day Services program is defined by its ability to meet the interests and needs of its participants, the program adheres to its **Statement of Purpose** in developing an evolving array of activities options: to provide opportunities for adults with disabilities to develop life skills, pre-vocational and leisure/recreational pursuits, and engage in an array of activities designed to enhance their personal, social and community integration capabilities and interests.

For additional information, contact:

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